21st June '16- 24th June '16 GJSCI conducts weeklong Yoga workshop for International Yoga Day in Seepz

Gems & Jewellery Skill Council of India conducted a weeklong Yoga workshop at the Seepz Lake Side with an aim to promote International Yoga Day. The four day workshop was conducted by Isha Yoga Foundation and more than 1500 people from Gems & Jewellery industry participated.

The purpose of GJSCI in organizing the workshop is to help members of the Gems and Jewellery industry in understanding this and embracing Yoga as a part of their everyday regime.

‘Yoga is a priceless gift our ancestors have given us. This practice is over 5000 years old. Thanks to our prime minister for reinstating its importance in our everyday lives. Our workshop is a small step towards the same. Let us all thus work in the direction of accepting an International Yoga Day,’ said Mr. Binit Bhatt, C.O.O, GJSCI at the event.